

# Hepalogy 200 Tablet

## Ademetionine (200 mg) Tablet

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### Generic Name:

Ademetionine (Also known as **S-Adenosylmethionine** or **SAME**)

### Strength:

200 mg

### Formulation:

Oral tablet

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### Uses:

- **Liver Disorders:**
    - Helps in the treatment of chronic liver diseases, including:
      - **Fatty liver disease**
      - **Liver cirrhosis**
      - **Hepatitis**
    - Supports liver detoxification and regeneration.
  - **Mood Disorders:**
    - Effective for managing mild to moderate **depression**.
    - Supports brain health by increasing levels of neurotransmitters like **serotonin** and **dopamine**.
  - **Osteoarthritis:**
    - Reduces joint pain and inflammation.
    - Helps improve joint function and mobility.
  - **Fibromyalgia:**
    - Alleviates symptoms of fatigue, muscle pain, and tenderness.
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### Mechanism of Action:

Ademetionine is a naturally occurring compound found in the body. It plays a critical role in:

- **Methylation Reactions:** Involved in over 100 biological processes, including DNA and protein synthesis.
  - **Detoxification:** Enhances the production of **glutathione**, a key antioxidant for liver health.
  - **Neurotransmitter Synthesis:** Boosts levels of serotonin, dopamine, and norepinephrine, improving mood and cognitive function.
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### Dosage:

- **Typical Dose:** 200 mg to 400 mg once or twice daily, depending on the condition being treated.
  - Best taken on an **empty stomach** for better absorption.
  - Follow your healthcare provider's recommendations for optimal dosage.
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### Precautions:

- **Pregnancy and Breastfeeding:**
    - Consult a doctor before use.
  - **Liver and Kidney Conditions:**
    - Use with caution if you have severe liver or kidney disease.
  - **Mental Health:**
    - Monitor for mood changes, especially if you have bipolar disorder, as it may cause **mania**.
  - Avoid consuming alcohol during treatment, as it can reduce the effectiveness of the medication.
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### Side Effects:

- **Common:**
  - Nausea
  - Diarrhea
  - Abdominal discomfort

- **Less Common:**
    - Insomnia
    - Headache
    - Dizziness
  - **Serious (Seek Medical Attention):**
    - Severe allergic reactions (rash, itching, swelling)
    - Mood swings or anxiety
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## Drug Interactions:

- May interact with:
  - **Antidepressants** (e.g., SSRIs, SNRIs)
  - **Levodopa** (used for Parkinson's disease)
  - **MAO Inhibitors**

Inform your healthcare provider about all medications and supplements you are taking to avoid interactions.

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## Storage:

- Store at **20°C to 25°C** (68°F to 77°F).
  - Protect from **moisture** and **light**.
  - Keep out of reach of children.
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## Note:

Ademetionine is a supportive treatment and should be used under the guidance of a healthcare professional. Regular monitoring may be necessary for chronic conditions.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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